



# The Addictions Newsletter

Winter 2004

The American Psychological Association, Division 50

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## Inside

<i>President's Column</i> .....	1
<i>Editor's Corner</i> .....	2
<i>Be a Part of Division 50's Convention Program in 2005</i> .....	2
<i>A Walk Down Memory Lane with the Past Editor</i> .....	3
<i>Reports</i> .....	4
<i>From APA Council</i>	
<i>From the Secretary-Treasurer</i>	
<i>From the Education and Training Committee</i>	
<i>Development of the Committee on Evidence-Based Practice</i> .....	6
<i>Toward an Addiction-ary</i> .....	7
<i>Membership Committee Update</i> .....	8
<i>Introduction to the New Graduate Student Representatives</i> .....	8
<i>Annual Call for Fellows and Awards Nominations</i> .....	8
<i>Call for Officer Nominations</i> .....	9
<i>Nominations Form</i> .....	10
<i>Announcements</i> .....	11



## President's Column Gratitude and Growth

*Carlo C. DiClemente*  
*University of Maryland Baltimore County*

Welcome back to the Division 50 Addictions Newsletter! What a great honor it is to be the President of the APA Division on Addictions. This is a division filled with energy, talent, enthusiasm, and ideas. The current challenge for the division is how to bring together all these wonderful resources to enhance science and service in the prevention and treatment of addictive behaviors. Let me begin the first column in our re-invigorated newsletter by acknowledging a debt of gratitude and offering ideas about the future of the division.

The division has come a long way since its humble beginnings, when a few psychologists interested in addictions used to meet for half a day before the APA convention. We are now a group of almost 1200 members, a midsize division with a diverse and dedicated membership. We owe a real debt of gratitude to the founding members who organized this group of psychologists and then led us on the road to full divisional status in the American Psychological Association. Our status as a division has grown over the past few years as a result of good leadership, a solid growth in membership, and our journal. The really big news of the past year is that Psychology of Addictive Behaviors (PAB) has become an official APA publication. We have joined an elite group of journals and gained important recognition for the science, scholarship, and significant service offered by members of this division to the field of addictions. On behalf of the entire division I want to the

immediate past presidents Rudy Vucinich and Kathy Carroll; Tom Brandon, the outgoing PAB editor, Howard Schaffer, the incoming editor; and the members of the executive committee who helped negotiate the arrangements for the sale of PAB to APA publishing. This arrangement has helped not only to enhance reputation and recognition, but also to build a solid financial foundation for the division.

This is the first issue of the division newsletter under the editorship of Nancy Haug. The board chose Nancy from a pool of several very qualified and eager applicants. For many years Bruce Liese was the editor and the heart and soul of our division newsletter. I want to publicly offer the thanks of all our members to Bruce for his many years of service to the division and for developing such an informative and useful publication, one sorely missed by many members during this yearlong absence. Under Nancy's leadership we hope to build on this solid foundation, and Bruce has offered his help as a knowledgeable resource in getting the newsletter re-launched. I ask all of you to make the newsletter a real voice for the division by submitting articles, updates from the field in some specific area, and sending advertisements or announcements of interest to the editor.

What is Division 50 doing? New initiatives abound and new leaders are emerging in the division. Doug Scheidt is working on an education and training initiative in collaboration with APA looking at developing training programs in addictions for psychologists and other professionals. Nancy Piotrowski is exploring empirically supported treatments for the division to make sure we are positioned to work with any APA initiatives in this area. We have a budget committee looking at how to manage our financial resources and a

*(Continued on page 5)*

# Editor's Corner

Nancy A. Hang  
University of California, San Francisco

Greetings from the Editor's Corner, and welcome to the Winter, 2004 issue of the *The Addictions Newsletter* (TAN). I am delighted to be appointed Editor of this publication for Division 50. I am working closely with the executive team to obtain critical updates as we re-launch TAN. I believe TAN has great potential to facilitate communication among members and for the dissemination of news, information, and ideas. My vision includes an integrated perspective on addictions with equal time for clinical practice, scientific research and professional training/teaching issues. Throughout my editorial term, I will make an effort to include articles on the broad range of addictive behaviors represented by the division, including problematic use of alcohol, nicotine, and other drugs and disorders involving gambling, eating, sexual behavior, or spending. Our diversity is what makes us a unique division, and although we work closely with other groups such as Division 28 (Psychopharmacology and Substance Abuse), I am proud we have defined our own mission and goals.

When I began working on this issue, the United States was in the midst of an election. E-mails, phone calls, signage, and commercials on the candidates, propositions, and voting issues served as a constant reminder of what was at stake. The impact of federal, state, and local election results on the field of addictions is far-reaching and serious. Many of us have questions about future funding cuts for research grants, prevention efforts, and treatment programs. I believe APA and Division 50 have important policy and advocacy work ahead of us to ameliorate political repercussions and lessen the stigma of addiction. One step in the right direction is reviving this newsletter and all of the progress we have made as a division in the last year that you will read about below.

This issue of TAN contains notable contributions from many distinguished professionals in the field. Our division president, **Carlo DiClemente**, discusses the exponential growth of Division 50 in terms of membership, publication, and committee

activities. He outlines new initiatives and future directions and beckons us to become more engaged at any level. Our former TAN Editor, **Bruce Liese**, takes us on a walk down memory lane and shares his incredible history with the newsletter. I have quite a legacy to follow and I am extremely grateful to Bruce for his help and inspiration throughout this transition process.

**Nancy Piotrowski** provides us with an expose on the development of an Evidenced-Based Practice Committee within our division. I believe this committee has potential to significantly impact our practice of addiction treatment. On a related topic, we have a particularly interesting piece by **John Kelly** on addiction terminology and use of more precise language to describe addictive disorders. **Keith Morgen** offers an update on growing division membership and student participation, followed by our new student representatives, **Angela Bethea** and **Michael Madson**, who describe their programming ideas and vision. I urge you to share this newsletter with your students, interns, and laboratory assistants; these are our future leaders and we need their input. On that note, **Doug Scheidt** gives us an update on the ongoing activities of the Education and Training Committee. We also have several key requests in this TAN issue to turn our attention. **Gerard Connors** calls for fellows and awards nominations and **Ron Kadden** calls for division officer nominations. **Tamara Wall** calls for members to submit abstracts for the 2005 APA Convention. We encourage everyone to be active in the division by making nominations and attending APA as a part of Division 50.

Our goal is to publish and distribute this newsletter three times a year to all members either by electronic means or mail. Please let us know your preferred method for receiving TAN. I am interested in receiving feedback from members on our new format, as this is the first time we are having APA perform the actual newsletter production. Your contributions and suggestions for potential areas of focus are summoned as well. Please send potential articles and letters to: **TAN\_editor@comcast.net**.

Enjoy the remaining months of 2004 as we forge ahead in our efforts to serve clients, educate each other and test important questions. I look forward to working with all

of you. May you have a peaceful and harmonious Holiday Season! ☺

## Be a Part of Division 50's Convention Program in 2005

Tamara L. Wall  
Program Co-Chair, Division 50, APA 2005

The 113th annual convention of the American Psychological Association will take place August 18-21, 2005 in Washington, D.C. The call for programs, for both individual and symposium proposals, is posted on the APA web site. See <http://apacustomout.apa.org/ConvCall/default.aspx> for details. Only online submissions will be accepted, and the deadline is Friday, December 3, 2004, at 11:59 pm EST.

Division 50 promotes advances in research, professional training, and clinical practice within the broad range of addictive behaviors including problematic use of alcohol, nicotine, and other drugs and disorders involving gambling, eating, sexual behavior, or spending. Program submissions related to any of those topics are of interest. High quality and diverse submissions will help ensure that we have an exciting and informative conference.

I will be working with the Division 28 (Psychopharmacology and Substance Abuse) program chair to offer a balanced program in addictive behaviors and to enhance visibility and attendance for all presentations with relevance to our membership. If you would be willing to serve as a reviewer of proposals in early December, please email [twall@ucsd.edu](mailto:twall@ucsd.edu) or call 858-552-8585 x2485, and let me know your area of expertise. I will make every effort to ensure we have expert reviewers in all areas of addictive behaviors. I look forward to receiving your submissions and to seeing you in Washington D.C. ☺

# A Walk Down Memory Lane with the Past Editor

Bruce S. Liese  
University of Kansas Medical Center

I feel ambivalent as I sit down to write this article. Last year I decided to end my 10-year term as Editor of *The Addictions Newsletter* (TAN). I was stretched too thin and needed to cut back on my workload. I tried to retire from editing TAN once before (in the late 90's), but I couldn't convince anyone in the division to accept my resignation. I'm not exaggerating when I say that editing TAN was among the most fun professional activities of my career. The work was stimulating and the people who helped me were the **greatest** (including Division 50 officers, members, outside contributors, and other supporters).



## DIVISION 50 NEEDS YOUR APPORTIONMENT VOTES

When you receive your apportionment ballot, please cast your votes to help Division 50 maintain its representation on the APA Council of Representatives.

Your vote is critical! Without it, Division 50 will be unable to promote the interests and specialized concerns of Addictions researchers to the governing council.

I was delighted last week when the new Editor, Nancy Haug, invited me to write this transition article. For inspiration I collected all 27 issues of TAN published during my tenure. With them spread out before me, I couldn't help but feel nostalgic. I became Editor of TAN after my predecessor Ray Hanbury was elected Division 50 president. The year was 1994, and only one volume had been published prior to my arrival on the scene. To this day I am grateful to Ray for dropping TAN into my lap.

Since its inception, TAN has been published three times per year. Most issues have included Division business reports, election information, minutes of official meetings, classified ads, feature articles, addictions abstracts, and more. On several occasions, we published special issues on topics like "Project MATCH," "Spirituality in Addiction and Recovery," "Diversity in Addiction Treatment," and "Adolescent Addictive Behaviors." I am forever indebted to those who generously submitted articles and reports for every one of these 27 issues.

After I resigned as Editor, the Division 50 Executive Committee began searching for my replacement, and they struck gold with Nancy Haug. Nancy is an Assistant Adjunct Professor in the Department of Psychiatry at UCSF. She has been a member of APA

since 1995 and a member of Division 50 since 2001. She has published in various peer-reviewed journals (including *Psychology of Addictive Behaviors*) and substance abuse textbooks. She is enthusiastic, organized, creative, and hard-working. Her interests include research, clinical work, and teaching about addictive behaviors.

In some ways I'm envious of Nancy. She will immensely appreciate her experience as Editor. I didn't know when I took the job that my career would blossom as a result of editing TAN. My 10-year term exposed me to the best and brightest psychologists in the world, and I appreciate all they gave to me. Besides contributing articles to TAN, they took interest and encouraged me, they provided me with amazing insights into addictive behaviors, and they taught me about what goes on "behind the scenes" in their research labs and in APA. But most importantly, they became my friends.

Please join me in welcoming Nancy as the new Editor of TAN. I know she will do a terrific job, and to do so, she will need your help. Send her your articles for publication in TAN and stay involved in our division. It's a two-way street: our division benefits from your efforts, and you benefit from your efforts in the division and, of course, on *The Addictions Newsletter*. 

**The Addictions Newsletter** is the official newsletter of Division 50 of the American Psychological Association. The staff of The Addictions Newsletter cannot process address changes or subscription orders. If you have changed your address, please contact APA directly at 1-800-374-2721. If you are not a member of Division 50 and you wish to receive TAN, contact Keith Morgen at [morgen@ndri.org](mailto:morgen@ndri.org) to become a Division 50 Member or Affiliate.

### Nancy A. Haug, Editor

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# Report from the APA Council of Representatives

*Sandra A. Brown*

*Division 50 Council Representative*

I am pleased to serve as the APA Council Representative for Division 50. The APA Council of Representatives met in Washington D.C., in February 2004 and at the APA Annual Conference in Honolulu, Hawaii in August 2004. Each of these meetings yielded several issues of particular interest to our Division.

At the August meeting Council has passed several position statements and initiatives pertinent to Division 50: Agenda for Child and Adolescent Mental Health, Adverse Consequences of Media Exposure to Violence on Youth, efforts to incorporate "Psychology as a Science" in Public Education Campaign messages, and Prohibition of Discrimination of Gay Men and Lesbians.

Norman Anderson reported that APA's budget for next year is moving in a positive direction. With the refinancing of the two APA owned buildings in Washington D.C., investments and property income, APA has approximately \$45 million in net available resources. Nonetheless, APA plans an increase in membership dues by six dollars per member, as well as convention registration costs and journal subscription rates to cover salary increases (approximately 4% per year), health benefit increases, and convention costs. With regard to the convention cost, additional revenues will be used to cover invited speakers and the purchase of audio/video equipment for future convention use.

In an effort to support junior members of APA, the organization has extended the length of time before new members pay full membership dues. APA now has a graduated increase in membership fees over an 8-year period for junior Psychologists (recent Ph.D's, post-docs, etc.)

APA Council reinstated an **Interdivisional Grant Program** designed so that several divisions can work together on specific, salient topics. APA set aside \$12,500 for this purpose. Divisional leadership is interested in pursuing this possibility. Any member with such an interest or plan should contact Carlo DiClemente to coordinate efforts of the Division.

The APA Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (CRSPPP) has renewed recognition of **Biofeedback** as a proficiency and **Clinical Health Psychology** as a specialty in Professional Psychology: <http://www.apa.org/crsppp/rsp.html>.



## Report of the Secretary-Treasurer

*Laurie Roebich*

*Indiana University of Pennsylvania*

The end of October 2004 marked the first time in the history of Division 50 that our assets have reached \$100,000. Much of this windfall can be attributed to the sale of our journal, *Psychology of Addictive Behavior* (PAB), to APA. We have now created a budget committee, chaired by Marsha Bates. This group will explore the possibility of moving some of our cash into long-term investments and spending it in ways that would be beneficial for the division. The cash influx related to sale of the journal is scheduled to continue through the year 2024. Therefore, we must heartily thank everyone who has been associated with the creation of PAB over the past 10 years. The journal has essentially ensured the survival of our division for decades to come.

Other business of interest that occurred over the past year includes the recruitment and selection of a new editor for our newsletter, evidenced by the first issue you are now reading. In addition, the Board has decided to work this year on creating "standard operating procedures" for each board position. Those who are newly elected often find that it takes quite a while

to "get up to speed" regarding what the position of President or Member-at-Large or Council Rep truly entails and demands. This new initiative should assist all of us in becoming more efficient in these roles and aid in recruitment of new volunteers for upcoming elections.

A five-year review of our division, written by Kathy Carroll, was submitted to APA earlier this year and approved, another indicator that our division is "growing up". The other area where growth really seems to be happening is in the division's relationship with our student members. We are seeing new energy and enthusiasm about the possibility of reaching out to newer members and providing more programming that will interest them and serve their needs.

Lastly, please note that the call for Fellows applications went out in September, 2004. Applications are due in January of 2005. Based on the 2002 data, our division had 58 male Fellows, but only 19 female Fellows. We would like to even the gender gap among Fellow members. We encourage women who have been working in the addiction field to seriously consider applying for Fellow status. Application information can be obtained in this issue of TAN or from the APA website. 

## Report of the Education and Training Committee

*Douglas M. Scheidt*

*SUNY College at Brockport*

The Division 50 Education and Training Committee is actively pursuing our agenda. Specifically, we have three goals tasked to subcommittees: (1) to finish the report of the doctoral program survey; (2) to investigate internship training and practicing psychologists training/practice; and (3) to draft training recommendations/guidelines. As a result of this work, the Committee presented a symposium at the 2004 APA Convention in Hawaii. The title was, *Classroom education, clinical training and*

*knowledge of addictions among psychologists.*

Presentations included: *Perceptions of moderated drinking among licensed psychologists: Implications for training* by Nancy Piotrowski; *Survey on internship training to treat addictions and substance abuse* by Cynthia Glidden-Tracey and Mark Groberski; and *Education in substance abuse among clinical psychology doctoral programs* by Doug Scheidt, Mark Meyers, and Anthony Celluci. Our discussant was Carlo DiClemente. This symposium began an exciting Division 50 conversation about training and skill expectations for psychologists.

Based on the discussion at the symposium and the post symposium meetings, the Education and Training Committee decided to submit our three papers together for publication. In addition, we discussed ways to remediate the education, training, knowledge and skills deficits among psychologists. Ideas currently under review are continuing education and the development of prepared lesson plans for use in existing doctoral coursework (e.g., assessment, psychopathology) or internship seminars. 

## NIH RoadMap for Addiction Researchers

The NIH Roadmap is a series of progressive initiatives that seek to transform the nation's biomedical research capabilities and accelerate the advancement of research discoveries from the bench to the bedside. All Institutes, including NIDA and NIAAA, are involved in this endeavor.

The Roadmap is composed of three overarching themes: new pathways to discovery, research teams of the future, and re-engineering the clinical research enterprise. All three of these broad initiatives have current and future funding opportunities associated with them, which NIH grantees can apply.

The NIH Roadmap provides an extraordinary opportunity for drug abuse and addiction researchers to take advantage of new NIH funding mechanisms and to become an integral part of transforming how we approach diseases, like addiction, in this country. We encourage you to review NIH Roadmap funding opportunities. If you have any questions, you are encouraged to contact your program officer or the contact person listed in the links. For more on the NIH Roadmap for Medical Research, see <http://nihroadmap.nih.gov/>.

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### President's Column (from page 1)

committee looking at how to organize our committees and liaison efforts more effectively. We have two new student representatives on the Board, Angela Bethea and Michael Madson, who are trying to build student membership and create working connections with APAGS. A former student representative, Rebecca Kayo, has become an advocacy coordinator for the division. She will alert us to important issues for psychology and addictions being discussed at APA and in the field. Tamara Wall and Peter Vik are co-chairing our 2005 convention programming and we are building continuity in this important arena. Don't forget to submit to them for the APA convention in Washington in August. Keith Humphreys has updated our web site, and we are working on increasing the utility of the site for our membership and for the field. Our listserv continues to be active and well monitored by Vince Adesso. We are also looking into the feasibility of a members-only notifica-

tion list so we can get important information and possibly the newsletter to members quickly and efficiently. There is a lot happening, and we hope that more of the members will become involved in these efforts and new initiatives as they emerge.

Where are we going? The division has a rich mix of researchers and practitioners. We continue to develop ways to highlight and support their endeavors in the field of addictions. The NIDA Clinical Trials Network offers a bridge for science and community treatment to improve our knowledge and effectiveness in working with addictions. Practitioners on the front lines of prevention and treatment do not have the respect or resources needed to effectively apply many of the principles and strategies that are supported in our research. Policy is becoming as important as clinical practice for our field, and we need greater sophistication in this arena. The field of addiction treatment is less fragmented and offers better approaches and perspectives than ever before. Pharmacology and

genetics present new and exciting possibilities and challenges. The division needs to provide leadership and bring the pioneering knowledge and experience of our 1200 members to bear on the future of how our nation, profession, and programs view and treat addiction.

For the remainder of my tenure as president, I will strive to increase communication among members, create stronger collaborations with other divisions, and support current initiatives in education, empirically-supported treatments, and student participation. I plan to strengthen our connections with practice members by looking for individuals to represent us on the Committee for the Advancement of Professional Practice (CAPP) and APA's Practice Directorate. Finally, I will look for ways to increase our overall involvement in addiction prevention and treatment initiatives at the federal, state and local levels. I ask you to please inform me or the board of your interests and ideas and to become more involved in the important work of Division 50. 

# Development of the Committee on Evidence-Based Practice

Nancy A. Piotrowski

Former Division 50 Member-At-Large

Chair, Committee on Evidence-Based Practice

In the spring of 2004, as part of an inquiry being completed by Ronald Levant, Sarah Jordan, Director of Division Services at APA, asked the leadership of various divisions within the organization if their divisions either have or have had task forces or committees focused on “evidence based practice,” “empirically supported therapy,” or “empirically validated treatments.” And at that time, the Executive Board of Division 50 thought it prudent for our membership to organize an effort around such activities in order to insure that we are represented and contributing to such discussions at the organizational level. And so, since that time, we have had a call for nominations that helped us to identify a number of very talented and committed members who are willing to offer their assistance.

We are now forming our working goals and seeking ideas and input from the membership. To this end, it would be particularly helpful to learn: (1) what is of interest to the membership related to this topic; (2) how this type of information may or may not be useful to the membership; (3) how

the membership might like to learn about the work group activities; (4) points where the membership would be interested in assisting with this effort; and (5) the membership’s thoughts on the desired scope of this effort. For instance, in terms of the latter issue alone, there are questions about how broad of an area to cover (e.g., focus on substance use disorders alone or also behaviors with addictive features such as gambling, sex, and eating; focus on singular disorders or also examine phenomenon such as dual diagnosis; focus on individual level treatment or also bring in group and family based treatment). Similarly, there are sensitive discussions likely to be ahead regarding how to refer to this type of topic. For instance, in the Executive Committee meeting, there was discussion about how different members might be more comfortable with thinking about this topic as “empirically *validated* treatments,” while others might prefer “empirically *supported* treatments,” “empirically supported *therapy*,” “empirically supported *relationships*,” or even “*evidence-based* practice.” For some in other divisions, these conceptual differences have

caused quite a stir, and so we may need to process through these ideas to see what makes the most sense for our membership.

So again, at the present time we are organizing. First steps were to identify members of an initial working group and connect back with APA to find out how we can make sure we are at the table for any future discussions on this topic. Next, we are hoping to identify individuals to help with expertise in specific areas of addictions practice where we may need additional input. And then we hope to set up an initial list of working goals. Finally, we are also organizing to develop a discussion on this topic area at the 2005 convention, either in a formal panel presentation (scheduling permitting) or more informally at a venue to be announced. As this develops, it is likely we will be looking to identify other interested parties to help. If you are interested in joining this effort, please contact Nancy Piotrowski for more information: [Nancy.Piotrowski@capella.edu](mailto:Nancy.Piotrowski@capella.edu). She will serve as the point of contact for the working group. 

## Website Revamped

**Steven Villafranca, Center for Health Care Evaluation and Keith Humphreys, Stanford University**

The Division 50 website (<http://www.apa.org/divisions/div50/>) has recently been redone to improve the user interface and navigation and to reorganize existing information. Users can find information about Division 50 publications, the latest APA awards, announcements, upcoming news and events and current fellows. The website also includes a list of officers, both past and present, as well as useful addiction resources. To receive the latest Division 50 information, log on now!

To join the Division 50 LISTSERV, send a message to [listserv@csd.uwm.edu](mailto:listserv@csd.uwm.edu) with “subscribe APADiv50-Forum (your full name)”.

# Toward an Addiction-ary

John F. Kelly

Brown University, Center for Alcohol and Addiction Studies

Language contains numerous terms to describe the domain of alcohol- and other drug-related problems and individuals experiencing such problems. Frequently, such terms are used inconsistently. Furthermore, these terms convey certain assumptions, which may impact patients (e.g., stigma), programs (e.g., access) and policy (e.g., appropriation of healthcare funding). Thus, the terminology we use should be clear, precisely defined, and used consistently both to facilitate unambiguous clinical and scientific communication and to avoid confusion regarding attributions of personal choice and responsibility.

The struggle for precise terminology is not a new concern in the field of addiction. Terms used to describe alcohol-use disorders evolved historically from “inebriety”, to “alcoholism” to “alcohol abuse/dependence”. To this day, the term “alcoholism” is still used loosely to describe a range of problems, and not as originally intended: as a diagnostic category for alcohol addiction. Increases in the use of alternative drugs since the 1960’s produced the similarly general term: “substance abuse”. One issue with the use of this broad term is that it fails to specify which “substances” are subsumed under its heading. In the DSM-IV, for instance, the term “substance” in the context of substance-related disorders, refers to all classes of “drugs”, including alcohol, nicotine and caffeine. This issue becomes more confusing and concerning since the term “substance abuse” sometimes refers to all drugs *including* alcohol yet may refer to all other drugs *besides* alcohol in different settings or publications.

The terms “substance abuse” or “drug abuse” are frequently used to generically describe the spectrum of substance-use disorders. However, “abuse” is sometimes also used purposefully in contrast to “dependence”. For example, it is not clear whether the statement, “Alcohol abuse is common among psychiatric inpatients...” is referring to an “alcohol problem” in a generic sense, or the specific DSM “alcohol

abuse” diagnosis. The term “misuse” is increasingly being substituted for “abuse” in the general sense to eradicate this potential diagnostic confusion.

As with behaviors, generalized terms exist to describe individuals with substance-use disorders. Maintaining respectful “individuality” in describing people with disabilities is an issue explicitly addressed by the APA guidelines where, referring to “people with a [specific] diagnosis” is the preferred alternative to objectifying individuals as their condition (e.g., “substance abusers”, “depressives”), (APA, 1994, pg 48). The term “substance abuser,” carries a particularly negative connotation and may convey implications related to attributions of choice and responsibility. For example, from a public health perspective, the term “substance abuser” implies that the individual is voluntarily acting on a substance within a particular environment. Using the same public health model, a “food abuser” would be an individual voluntarily acting on food in a particular environment. However, we refrain from using this term, preferring instead to describe such individuals as having an “eating disorder”. Likewise, it is preferable, and less stigmatizing, to refer to individuals as having a “substance-use disorder”, if they meet criteria for any substance-related disorder.

Discrepancies in term usage often occur between articles within the same journal. Occasionally authors alternate their use of the terms: “substance abuse”, “alcohol and drug problems”, and “substance use disorder,” within the same article, leaving the reader to discern whether this is a stylistic attempt to avoid repeating the same term, or whether a substantive distinction is intended. Generalized terms reduce the utility of journal articles by rendering them ambiguous, thus contaminating the veracity of scientific communication. As the APA publication guidelines suggest, “When in doubt, it is better to be more specific rather than less, because it is easier to aggregate

published data than to disaggregate them” (APA, 1994; pg 47).

In the media and public domain, the terminology used to describe alcohol and other drug problems remains imprecise. The question of whether we, as a field, and a possible source of information, can reach consensus on an “addiction-ary” remains to be seen. The terminology chosen by professionals impacts the way patients perceive themselves and are perceived by others. From a policy standpoint, referring to individuals as “substance abusers” may lead to perceptions of a greater need for punishment/correction, whereas referring to an individual as having a “substance use disorder”, may increase perceptions of a need for treatment. In a recently published article on this topic, I propose specific terminology and a simple algorithm to facilitate the consistent use of these terms (see Kelly, 2004). We can, and should, promote consistent use of terms in order to facilitate unambiguous communication and accurate appraisal of our findings.

Note: This article is adapted from Kelly, J.F. (2004). Toward an Addiction-ary: A proposal for more precise terminology. *Alcoholism Treatment Quarterly*, 22, 279-87. 

**Come to the APA  
Convention 2005!**

August 18–21, 2005 in  
Washington, DC

For more information call  
202-336-6020 or e-mail  
[convention@apa.org](mailto:convention@apa.org)

# Membership Committee Update

*Keith Morgen*

*Chair, Division 50 Membership Committee*

Greetings! Membership has remained consistent overall in the past year, and we are 1,152 strong. In the past year, Division 50 welcomed 59 new members and 81 new student affiliates. The division also reached out to non-division and/or APA members who receive the journal *Psychology of Addictive Behaviors*. Several of these professionals joined Division 50 as well.

Student membership and involvement is the primary theme of the Membership Committee under my tenure as Chair. In August the division appointed two new doctoral students as Graduate Student Representatives to the Board of Directors. Angela Bethea and Michael Madson are actively working with me, past-president Kathleen Carroll and APA Convention Programming Co-Chair Tamara Wall to produce influential and inviting student-focused programming at the 2005 APA Convention in Washington, DC. Specific ideas in the works include a roundtable discussion on preparing for a career in addictions, a student-professional networking social and a program on how to seek out and receive mentoring in developing an addictions career. We have also assembled an ad-hoc Student Issues Committee as an adjunct to the Membership Committee. These doctoral students (Jennifer Martin, Mary Mulligan, and Leanne Valentine) will work closely with Angela, Michael, and me in organizing and preparing for any student programming issues at the APA Convention. The overall goal of the Membership Committee is to maintain and increase membership totals in the division, while increasing student membership. The students of today are the addictions professionals of tomorrow, and we hope to provide them a division in which to learn, network, and grow.

If you have any questions regarding

membership, or would like to volunteer your ideas or time to the committee, please feel free to contact me:

Center for the Study of Addictions and Recovery

National Development and Research Institutes

71 West 23rd Street, 8th Floor

New York, NY 10010

212-845-4587

[morgen@ndri.org](mailto:morgen@ndri.org) 

## Introduction to the New Graduate Student Representatives

*Angela R. Bethea, Lehigh University and  
Michael Madson, Marquette University*

As your new Graduate Student representatives, we are excited to join the Division 50 Executive Board, and thrilled to know that the division has a strong interest in enhancing student membership and involvement. Based on consultation with Keith Morgen and Kathleen Carroll, as well as with our own student peers, we have proposed a list of student-focused programming ideas centered on promoting professional development. In this issue of TAN, we would like to briefly share with division members our vision for student membership and involvement.

We believe that training in addictions is critical for psychology students. Division 50 has a wealth of resources to help students increase their understanding of addiction so that they may contribute to the field through research, literature, and practice. Our proposed programming ideas address various student needs: **Education and Training, Professional Development, Networking and Mentoring, Research Funding and Information Access**. We plan to help meet these needs by mobilizing Division 50 resources for activities that facilitate valuable student relationships with

members and address professional development concerns. These programs will also provide students with the opportunity to learn about career options and ancillary training in the addictions field. For example, programming will introduce students to experts in grant writing and publishing, providing students the direction they need to form a professional identity. Finally, we anticipate that the division can offer students the chance to pursue professional interests and leadership roles in the division and the addictions field.

We strongly encourage Division 50 members to have conversations with students about the importance of having membership and involvement in the division. As we plan the direction of the division, it is crucial that we continue to utilize ways in which we can help students feel visible, supported, connected, and engaged.

We certainly welcome any feedback, comments, or suggestions from members with ideas to increase student membership and involvement: [arbc@lehigh.edu](mailto:arbc@lehigh.edu) and [michael.madson@marquette.edu](mailto:michael.madson@marquette.edu). 

## Annual Call for Fellows and Awards Nominations

*Gerard J. Connors*

*Chair, Fellows and Awards Committee*

## Call for Fellows Nominations

The Division 50 Fellows and Awards Committee invites nominations of Division 50 members for potential election to Fellow status in the American Psychological Association. The deadline for receipt of nominations is December 28, 2004. The deadline for receipt of application materials (i.e., nominee's materials and endorsers' letters) is January 18, 2005. Late applications will not be considered in the current review cycle. Any member or Fellow of the

division may make nominations; self-nominations are acceptable.

Under the Bylaws of the American Psychological Association, Fellowship is an honor bestowed upon members who have made an "unusual and outstanding contribution or performance in the field of psychology." Division 50 wishes to recognize members who have had a significant impact on the specialty of addictive behaviors within the areas of science, teaching and training, service delivery, administration, policy development and/or advocacy. Seniority or professional competence alone is insufficient to achieve Fellowship. Fellows' contributions are seen as having enriched or advanced the field of addictive behaviors well beyond that normally expected of a professional psychologist.

In order to be considered for Fellow status, members must meet both APA and Division requirements. APA requirements include: (1) the receipt of a doctoral degree based in part upon a psychological dissertation or from a program primarily psychological in nature and conferred by a graduate school of recognized standing; (2) prior membership as an APA member for at least one year and membership in the Division through

which the nomination is made; (3) active engagement at the time of nomination in the advancement of psychology in any of its aspects; and (4) five years of acceptable professional experience subsequent to the granting of the doctoral degree. Division 50 additionally requires: (5) current engagement in education and training, practice or research in addictive behaviors; (6) at least three of the five years of post-doctoral professional experience in addictive behaviors; and (7) membership in the Division for at least one year.

Nominees for Fellow status will be asked to complete the APA's Uniform Fellow Application and related materials and to solicit evaluations from three or more APA Fellows, at least two of whom must be Fellows in Division 50. The Fellowship Committee reviews completed applications and submits its recommendations to the Division's Executive Board; nominations are sent forward to the APA's Membership Committee for final approval. Members of the Fellowship Committee or Executive Board who submit evaluations of a nominee do not vote on that nominee. New Fellows are announced at the Division's annual business meeting during the APA Convention.

## Call for Awards Nominations

Division 50 seeks nominations for its 2005 awards, which will be announced at APA's 2005 Annual Convention in Washington DC. Awards for 2005 include: (1) Distinguished Scientific Early Career Contributions; (2) Distinguished Scientific Contributions; (3) Distinguished Career Contributions to Education and Training; and (4) Outstanding Contributions to Advancing the Understanding of Addictions. Information on award qualifications and nominations can be found on Division 50's website. The deadline for receipt of all award nominations and relevant materials is May 1, 2005.

For further information, please contact Gerard Connors at: [connors@ria.buffalo.edu](mailto:connors@ria.buffalo.edu). Nominations for fellows and awards should be sent to the following address: Fellows and Awards Committee c/o Gerard J. Connors, Chair Research Institute on Addictions 1021 Main Street Buffalo, NY 14203 

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## Call for Officer Nominations

*Ronald Kadden  
Nominations and Elections Chair*

The Division 50 annual elections cycle is about to begin again. The first step is nominations, which will be accepted from now through January 31, 2005. The final list of candidates for each position will be announced in February, and the election will take place in April.

This year, Division 50 has two positions to be filled: President-Elect and Member-at-Large of the Executive Committee. The position of Member-at-Large of the Executive Committee is the position currently occupied by Harry Wexler, whose term will expire at the time of the next APA convention.

Last year we followed a member's suggestion that periodic announcements be made during the nominating period about who

has been recommended for nomination, and whether or not they had received enough ballots (2.5% of the membership) to be formally nominated. That stimulated more interest, and by the close of nominations at the end of January, four candidates exceeded the nomination threshold. Given the success of that procedure last year, the names of all nominees will be posted biweekly on the Division 50 listserv during the months of December and January in the hope of stimulating interest in the nominations process. If anyone has an additional suggestion for how to enhance membership involvement in the nominations process, please write to me at [kadden@psychiatry.uchc.edu](mailto:kadden@psychiatry.uchc.edu).

All division members are urged to submit nominations for the two offices that are open this year, to consider running for

office yourself (we welcome self-nominations) and to vote in the upcoming election next spring.

As a service to our members, the Division 50 website lists of those who have served as officers since the official beginning of Division 50 as well as currently elected officers. At the bottom of the page, click on the link labeled "past officers" to obtain lists of all those who previously served in those positions: <http://www.apa.org/divisions/div50/fellows.htm>.

There are no restrictions on individuals running again for the same or for a different office within the Division. It is also hoped that additional members, who have not yet participated in the leadership of the Division, will step forward at this time. Your involvement would be most welcome. 

# Call for Nominations: Division 50 Officers

**Division 50 is soliciting nominations for two offices:**

**President-Elect**

**Member-at-Large of the Executive Committee**

The President-Elect serves for 3 years: as President-Elect, President, and Past-President. The Member-at-Large also serves for 3 years. The duties for each position are as described in the Division by-laws, and officers are expected to attend the annual APA convention and the mid-winter Board of Directors Meeting (some funding is available for travel to the mid-winter meeting).

Division by-laws state that a nomination "must be supported by the signatures of at least two and one-half percent" of the members. Thus, each nomination should be supported by at least 29 members of the Division. Nominations of women and ethnic minority members are especially encouraged.

Candidate biographies will appear in the spring issue of *The Addictions Newsletter*, and the ballot for officers will be mailed from the APA Central Office in mid-April.

Make nominations by indicating nominee and office below. Nominations may be sent by e-mail. Please provide nominator's address, and phone number to permit verification.

I nominate \_\_\_\_\_ for \_\_\_\_\_ of Division 50.

I nominate \_\_\_\_\_ for \_\_\_\_\_ of Division 50.

Nominating member's name, address, and phone number (for verification):

Name \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Nominator's signature \_\_\_\_\_

Send nominations to: Ronald Kadden, Ph.D., Division 50 Nominations and Elections Chair  
Department of Psychiatry  
UConn School of Medicine  
Farmington, CT 06030-3944  
Phone: (860) 679-4249, FAX: (860) 679-1312  
E-mail: kadden@psychiatry.uhc.edu

**THE DEADLINE FOR NOMINATIONS IS JANUARY 31, 2005.**

# Announcements

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## Faculty Position Available

The University of Miami Center for Treatment Research on Adolescent Drug Abuse (CTRADA; [www.miami.edu/ctrada](http://www.miami.edu/ctrada)) focuses on family therapy research, drug abuse intervention science, adolescent drug abuse and delinquency, juvenile justice, and applied developmental psychopathology. A major thrust of the CTRADA's research involves the translation of empirically based interventions in community practice and juvenile justice settings. In order to build on the success of the CTRADA and to expand its scope of work, which now includes participation in international multi-country randomized controlled trials, we are seeking a highly qualified researcher to join the CTRADA faculty team (currently 5 faculty members) in the position of Research Assistant Professor. This person would play a critical role in conducting ongoing clinical research and contributing to the development of new projects to achieve the Center's mission of developing and disseminating effective interventions for adolescent drug abuse and delinquency. Candidates must have a strong record of scholarly achievement, and experience with extramural funding is desirable. This new faculty member will be expected to collaborate with investigators in the CTRADA on a variety of clinical research projects related to adolescent drug abuse treatment, working with partnering community agencies, collaborating with scientists on multi-site projects across the country and abroad, and assisting in the dissemination of study findings. To apply, send a cover letter outlining relevant experience and qualifications for the position, curriculum vitae and reference list by e-mail to: Dr. Howard Liddle ([hliddle@med.miami.edu](mailto:hliddle@med.miami.edu)). 📧

## Postdoctoral Positions in Drug Abuse Research

The University of Vermont announces the availability of three post-doctoral research fellowships in an internationally recognized center of excellence for the study of drug abuse. Fellows have opportunities for training in a wide range of epidemiological, human laboratory and treatment-outcome research. Current openings are with STEPHEN HIGGINS ([stephen.higgins@uvm.edu](mailto:stephen.higgins@uvm.edu), 802-656-9614) in delineating behavioral and pharmacological processes central to understanding and effectively treating cocaine dependence as well as cigarette smoking among pregnant women, and JOHN HUGHES ([john.hughes@uvm.edu](mailto:john.hughes@uvm.edu), 802-656-9610) in clinical, laboratory and epidemiology research on (a) gradual reduction with NRT as a method of smoking cessation and (b) understanding why smokers do not access free treatments for smoking cessation. Applicants must have completed doctoral training in psychology or a related discipline and be U.S. citizens or permanent residents. Salary is competitive commensurate with experience (PGY 1 to PGY 7) and supported by an NIDA/NIH Institutional Training Award. For more details on the positions please contact the investigators directly at the e-mail addresses/phone #s shown above. To apply please forward a curriculum vitae, statement of research interests and three letters of reference in C/O Ms. Diana Cain, University of Vermont, Dept. of Psychiatry, 38 Fletcher Place, Burlington, VT 05401-1419. The University of Vermont is an affirmative action and equal opportunity employer. 📧

## Continuing Education in Women's Health

The Second Annual Clinical Health Psychology Institute will focus on women's health. This continuing education event will be held April 1-2, 2005 - at the APA Building, Washington, DC. The CHI Institute on Women's Health is co-sponsored by the APA Division of Health Psychology and the APA Education Directorate, with additional support from the Society for the Psychological Study of Women (Division 35) and the APA Women's Programs Office. An interdisciplinary faculty from medicine and psychology has been chosen for their expertise in women's health, health psychology, and the psychology of women. Overview lectures and applied workshops are designed to translate state-of-art research in women's health to clinical practice. For more information and details about registering for this cutting edge CE event, go to [www.apa.org/ce/](http://www.apa.org/ce/) or call 1-800-374-2721 ext 5989 to talk to a CE Representative. 📧

Please send all announcements and potential article contributions to [TAN\\_editor@comcast.net](mailto:TAN_editor@comcast.net).

**The DEADLINE for submissions to appear in the Spring issue is February 1, 2005.**

# Division 50 Executive Officers

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